



# Coaching Youth Football, Fifth Edition (Coaching Youth Sports)

*American Sport Education Program, Joe Galat*

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Whether you're a parent new to coaching or an experienced youth coach, Coaching Youth Football is your handbook for a successful season. Through the expertise of former NFL coach and current AYF president Joe Galat and American Youth Football, you'll gain field-tested tips on running your team, communicating with and handling players, providing basic first aid, planning and conducting practices, drawing up plays, and keeping it all fun.

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