



Layers: Uncovering and Celebrating God's Original Idea of Me

Sandi Patty

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A look through life's failures and fears to find the real woman God intended you to be.

On athletic fields children wear safety equipment to keep them from getting hurt. In battle soldiers wear body armor to protect them. But when we're safe and secure with our friends and families, we should not need protective layers. Yet many of us wear them . . . protective emotional and behavioral layers that we use to shield us from life's heart hurts.

Those layers are different for each of us: anger, shame, guilt, perfectionism, withdrawal, overeating, addiction, or other compulsive behaviors. Sometimes they even start out as something good?laughing through our tears and masking our real feelings to get through public situations.

But when they stay too long, those protective layers get firmly attached, eventually imprisoning us and preventing us from being the cherished creations God intended us to be.

In *Layers*, acclaimed recording artist Sandi Patty invites you to join her in a journey of self-discovery, peeling back the layers of her life and yours to celebrate the real *you* God created you to be.

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