



East Meets West: Traditional and Contemporary Asian Dishes from Acclaimed Vancouver Restaurants

Stephanie Yuen

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While foodies may flock to Vancouver for dumplings and dim sum, they leave having discovered a wealth of world-class Asian dishes, from sushi to sambar, bánh mì to bubble tea. *East Meets West* celebrates the distinctive dishes from the best of the city's Asian restaurants.

Almost one in five of Vancouver's two million residents is ethnically Chinese, as well as many Taiwanese, Japanese, Koreans, Malaysians, Filipinos, Thai, Vietnamese and Indians whose cooking has influenced the local cuisine. This book compiles signature recipes from the city's best Asian restaurants, showcasing both traditional Asian foods made with Pacific Northwest ingredients and modern classics inspired by Asian flavors and techniques but designed for contemporary diners.

A guide to preparing and serving Asian food plus an explanation of specialty ingredients. An overall introduction traces the roots of Asian food in Vancouver, and sidebars describe the hidden gems in the region's distinct culinary neighbourhoods, from Coquitlam's Little Korea to Richmond's Chinatown to Surrey's Little India.

Illustrated throughout, this celebration of Asian food presents world-class, flavorful dishes for the home cook.

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