



Forms for the Therapist (Practical Resources for the Mental Health Professional)

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Allan Hedberg has been in private practice as a psychologist for over 30 years. In this book, Dr. Hedberg has put together a one-stop source of every imaginable form for the early career therapist. The book is not geared exclusively to psychologists, but to all types of practitioners including psychologists, psychiatrists, social workers, marriage and family counselors, alcohol counselors, rehabilitation, recreational, occupational, physical, and speech therapists. The forms have been provided by experienced, seasoned professionals who have refined their content over the course of many years in practice. In addition to the forms themselves, practical guidelines on their use and helpful information on developing personalized forms is included. The book is written in a concise format and the forms are easy to duplicate or adapt for the busy professional.

The website with electronic forms from this book can be found at:
<http://booksite.academicpress.com/hedberg/forms>.

- * Forms are designed for early career therapists and obtained from experienced, seasoned therapists
- * Includes all types of forms, including surveys, questionnaires, informal tests, informational ratings sheets, and "homework assignments" to be used between sessions
- * Information is geared toward all types of practitioners, and forms are easily duplicated or adapted, saving professionals valuable time

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