



Fresh Pantry: Rhubarb

Amy Pennington

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FRESH PANTRY: RHUBARB

Eat Seasonally, Cook Smart & Learn to Love Your Rhubarb

Fresh, savvy, and sustainable--one month at a time!

Amy Pennington's award-winning book, *Urban Pantry*, introduced clever cooking concepts and ingredients, provided organizational inspiration, and helped home cooks of all skill levels create sustainable and thrifty kitchens. But its approach and ingredients reflect shelf-stable, dried, or preserved goods. For anyone trying to eat a seasonal diet, fresh vegetables and fruits are pantry musts as well. The new **Fresh Pantry e-book series** picks up where *Urban Pantry* leaves off--by continuing the conversation about healthy, sustainable foods and how eating locally and seasonally embraces gardening and outdoor living. It introduces readers to the freshest seasonal ingredients--**one basic vegetable or fruit, one month at a time**--that can efficiently supplement the canned and dried foods in your pantry.

Fresh Pantry: Rhubarb is the fourth volume in the 12-month series and features fun and inspired recipes for springtime rhubarb that will liven up your kitchen, without boring your palate or relying on processed foods. Fresh Pantry: Rhubarb features:

- 14 creative yet easy recipes spanning every meal of the day, including Rhubarb & Tarragon Breakfast Sausage, Rhubarb & Celery Salad with Toasted Hazelnuts, Rhubarb BBQ Sauce with Coriander Ribs, and Rhubarb Clafoutis
- Lush, full-color photographs
- Tips and techniques
- Just one of 12 monthly installments: Look for e-books on winter squash, carrots, lettuce, peppers, beets, and more.

Amy Pennington is a cook, award-winning author, and urban farmer. Her vegetable gardening company, GoGo Green Garden, educates and inspires others to enjoy locally grown food. She has written two books, the bestselling *Urban Pantry: Tips & Recipes for a Thrifty, Sustainable & Seasonal Kitchen* (2010) and *Apartment Gardening* (2011), while her freelance articles appear in Edible Seattle, Food52.com, and other publications. Amy divides her time between Seattle and NY.

Full of clever recipes for using your kitchen to the max...[Amy Pennington] teaches a kitchen economy for today's urbanite--from how to stock the pantry, to what to plant when, to how to can and preserve a variety of foods for the winter months.

-- Gwyneth Paltrow, Goop Newsletter, goop.com

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