



# Desire, Self, Mind, and the Psychotherapies: Unifying Psychological Science and Psychoanalysis (New Imago)

*Coleman R. Curtis*

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# **Desire, Self, Mind, and the Psychotherapies: Unifying Psychological Science and Psychoanalysis (New Imago)**

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Desire, Self, Mind, and the Psychotherapies unifies psychological science with contemporary relational psychoanalysis, arguing that the disciplines can be integrated if the concept of repression is understood as motivated forgetting, creative aspects of unconscious processes are taken into account in cognitive science, and a 'new experiences' model of change is acknowledged by psychoanalysts. Such a model of change allows for integration of behavioral, cognitive, visual, and other techniques into a psychoanalytically-informed psychotherapy. This book will be of interest to mental health professionals, psychoanalysts, psychologists, and psychotherapists.



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