



# Essential Geriatrics

*Henry Woodford*

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## **Essential Geriatrics** Henry Woodford

This title contains foreword by James George, Honorary Clinical Senior Lecturer, University of Newcastle, and Consultant Physician and Clinical Director, North Cumbria Acute Trust. 'Geriatric medicine has long had a passionate beating 'heart', attracting doctors, nurses and therapists with tremendous enthusiasm to improve the care for older people, but only relatively recently has the speciality developed a definite 'soul' of a sound evidence base to ensure this enthusiasm is targeted to achieve better outcomes for older people. This book eloquently describes the knowledge and evidence base essential for practitioners of geriatric medicine. The book gives geriatricians the information to inform and to share difficult decisions with our older patients. Although the book is written primarily for doctors starting in the speciality, it will also be valuable for all members of the multidisciplinary team and also established geriatricians who wish to update themselves. Hopefully this book will inspire the new generation of geriatricians to improve their clinical care of older patients and improve clinical outcomes. Read, learn and enjoy.' - James George in his Foreword. "Geriatrics is becoming more evidence-based with increasing research into the care of this important section of the community. This text is a bridge between general medicine and the particular problems that are encountered in geriatrics. It will help the reader have a stepping-stone into this peculiar specialty." - Henry Woodford, in the Introduction. "Dr Woodford is to be congratulated for his practical approach and critical review. Enthusiasm and passion for the speciality is important but no longer enough as we enter a new era for geriatrics. This book will inspire the new generation of geriatricians to improve their clinical care of older patients and improve clinical outcomes. Read, learn and enjoy." - James George, in the Foreword.



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