



The Settlement Cook Book 1903

Simon Kander, Henry Schoenfeld

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Imparting all the warmth and fragrance of an old-fashioned, turn-of-the-century kitchen, *The Settlement Cook Book* was originally devised as a cooking and homemaking primer for newly arrived immigrants. Filled with hundreds of recipes for good eating, this back-to-basics book is also good reading. A blend of hardy, old-fashioned dishes and simple recipes that will fit today's demanding lifestyles, the text covers everything from making roast chicken (with chestnut dressing) to the best way to dust a room.

Clearly detailed, easy-to-read directions tell how to create such tasty fare as griddle cakes, shrimp Creole, and mulligatawny soup; cheese fondue, oyster a la poulette, and other Continental specialties; as well as ethnic foods such as gefilte fish and matzo ball soup. Sections on preserving, canning, and pickling are interspersed with quaint "lessons" on how to sterilize milk, build a fire, and discern fresh eggs from stale ones.

A delightful culinary education from the days before convection ovens and "dream kitchens," *The Settlement Cook Book* is a treasury of Americana, a delightful sampling of cultural history that will enchant lovers of old cookbooks and well-prepared foods.

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Ashley Williams:

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