



My Grandma's Recipes for Vegans

Fabrizio Baroni

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This e-book contains a selection of vegan traditional Tuscan (Italian) recipes, transmitted through the generations up to author's Grandmother, suitable for those who follow a vegan diet. They are taken from the book Granny's Recipes (I Ed. Sarnus 2013) by the same author. Of course, Tuscan traditional cookery is not vegan, but a part of its recipes are just vegan on their own, or are adaptable by small changes. All the photographs are taken by the author, those in the cover included.

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