



# Ultimate Juicing: Delicious Recipes for Over 125 of the Best Fruit & Vegetable Juice Combinations

*Donna Pliner Rodnitzky*

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### **Tantalizing Recipes to Tingle the Taste Buds**

Cold, delicious juice drinks never go out of style. They're perfect in any kind of weather and at any time of day. Most important, they're as nutritious as they are mouth-watering. *Ultimate Juicing* overflows with 125 great-tasting fruit and vegetable drinks that use the sweet, zesty juices of everything from apples to tomatoes. Inside, you'll discover a wealth of fun and easy-to-prepare recipes for the most delectable fruit and vegetable drinks imaginable, including:

- Adam's Apple
- Berry the Hatchet
- The Beet Goes On
- Grin and Carrot
- Cool Hand Cuke
- Heard It Through the Grapefruit
- First Mango on the Moon
- And many more!

With a nutritional analysis for each recipe, you can create both healthy and delicious treats from home in this delightful countertop partner to *Ultimate Smoothies*.

*From the Trade Paperback edition.*

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