



# **Back to the Summit: How One Man Defied Death & Paralysis to Again Lead a Full Life of Service to Others**

*Omer L. Rains*

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“You’ll never walk again.” California Senator Omer Rains had been a politician on the global stage, a power-broking lawyer of A-list celebrities, and conqueror of some of the highest mountains in the world. But when a paralyzing brain aneurysm and stroke hit him at age 61, he became more helpless than a small child. In *Back to the Summit*, Rains takes readers on a courageous journey toward recovery, both physical and spiritual, as he reflects on the people, events, and American history that shaped his life and gave him the strength to dare to walk again. Every flashback to the past offers insight into the philosophy that once saved his life and now defines his every action: “Get up from every fall, no matter how great or far, and continue to live life fully.” Those who have suffered physical trauma may find hope in his story; their loved ones may gain insight and understanding. And any reader who has ever faced a mountain of a setback will be inspired to keep on fighting to live again. *Back to the Summit* takes us on a journey toward physical and spiritual recovery that reminds us that anything is possible.



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