



# Qué es el counseling? (Psicología Y Counseling) (Spanish Edition)

*Andrés Ricardo Sánchez Bodas*

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Este texto, accesible, claro y breve, presenta esta apasionante profesión de la ayuda, el *Counseling*, de amplio desarrollo en la Argentina y en el mundo.

El Licenciado Andrés Sánchez Bodas, introductor y creador de esta disciplina en nuestro país, la presenta desde sus orígenes, con sus modalidades y especialidades.

Así, desarrolla el “Enfoque Centrado en la Persona” como su sustento teórico y el “Enfoque Holístico” como su práctica, concluyendo con un epílogo donde aclara dudas y malos entendidos acerca de la identidad del *Counseling*.

Esta quinta edición, ampliada y corregida por el autor, ubica a *¿Qué es el Counseling?* como una obra de referencia ineludible para todos los interesados en el tema.

**Autor: Andrés Ricardo Sánchez Bodas**

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