



50 Ways to Yay!: Transformative Tools for a Whole Lot of Happy

Alexi Panos

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Is it possible to be a master of your reality? To be happy, and create an amazing life despite your circumstances? Hell yes! That's the mantra Alexi Panos lives by in *50 Ways to Yay!*

"If you want to go from 'blah' to 'YAY!' this book is your guide. An uplifting read with stories to inspire confidence and action steps to actually change. Alexi is the perfect mix of the encouraging best friend you can't live without and the cool teacher you always wanted."

—Christine Hassler, author of *Expectation Hangover*

"Apply Alexi Panos's *50 Ways to Yay!* and you will light a luminous spark of joy in your life that will cause your heart to sing and your soul to soar."

—Dr. Michael Bernard Beckwith, author of *Life Visioning* and *Spiritual Liberation*

"Alexi Panos is to this generation what Debbie Ford and Marianne Williamson are to past generations."

—Jake Ducey, author of *The Purpose Principles*

Thought leader and inspirational vlogger Alexi Panos has helped hundreds of thousands with their own search for personal happiness and to create an epic life. In *50 Ways to Yay!*, Alexi helps you do the same with fifty motivating, empowering, and thought-provoking lessons and exercises to help you break out of the ordinary and jump into the extraordinary. With her guidance, you can experience a domino effect of inner peace, inspiration, and a whole lot of happy.

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