



# **Food, Folklore, and Art of Lowcountry Cooking: A Celebration of the Foods, History, and Romance Handed Down from England, Africa, the Caribbean, France, Germany, and Scotland**

*Joseph Dabney*

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The perfect gift for Southerners, history lovers, and foodies alike.

Discover the secrets of one of the most mysterious, romantic regions in the South: the Lowcountry. James Beard Cookbook of the Year Award-winning author Joe Dabney produces another gem with this comprehensive celebration of Lowcountry cooking. Packed with history, authoritative folklore, photographs, and fascinating sidebars, Dabney takes readers on a tour of the Coastal Plain, including Charleston, Savannah, and Beaufort, the rice plantations, and the sea islands. Includes:

- Benne Seed Biscuits
- Sweet Potato Pie
- Frogmore Stew
- She Crab Soup
- Brunswick Stew
- Hoppin' John
- Oyster Purloo
- Cooter Soup
- Hagg Head Cheese
- Goobers
- And much, much more!

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The feeling that you get from Food, Folklore, and Art of Lowcountry Cooking: A Celebration of the Foods, History, and Romance Handed Down from England, Africa, the Caribbean, France, Germany, and Scotland will be the more deep you searching the information that hide in the words the more you get considering reading it. It does not mean that this book is hard to recognise but Food, Folklore, and Art of Lowcountry Cooking: A Celebration of the Foods, History, and Romance Handed Down from England, Africa, the Caribbean, France, Germany, and Scotland giving you thrill feeling of reading. The article author conveys their point in particular way that can be understood by simply anyone who read the idea because the author of this publication is well-known enough. That book also makes your current vocabulary increase well. It is therefore easy to understand then can go along, both in printed or e-book style are available. We recommend you for having this kind of Food, Folklore, and Art of Lowcountry Cooking: A Celebration of the Foods, History, and Romance Handed Down from England, Africa, the Caribbean, France, Germany, and Scotland instantly.

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