



Cómo manejar los celos infantiles (Spanish Edition)

Lorna Leticia Santín Hodges

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Los celos constituyen una reacción emocional compleja: enojo mezclado a menudo con sentimientos de odio y pensamientos de venganza, autocompasión, pena, tristeza, desánimo, mortificación, temor y ansiedad.

En el libro Cómo manejar los celos infantiles te orientamos para poder hablar con tus hijos y así superar los celos que sienten. Tus palabras atinadas lograrán tranquilizarlos y disminuir la culpa que sienten.

Transmíteleles siempre aceptación, seguridad y apoyo, confírmale que los amas y pon límites adecuados a su comportamiento. Todo esto les permitirá salir victoriosos de las crisis que atraviesen y los habilitará para relacionarse en forma constructiva con los demás.

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