



Teufelskreis Essstörung: Ursachen, Therapie und Langzeitverlauf von Magersucht, Bulimie und Adipositas (German Edition)

Sarah Parpart, Arno Krause, Filina Valevici, Sebastian Herholz, Katharina Gorski

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Fachbuch aus dem Jahr 2013 im Fachbereich Psychologie - Klinische u. Gesundheitspsychologie, Psychopathologie, , Sprache: Deutsch, Abstract: Eigentlich ist essen etwas Positives und Lebensnotwendiges. Dennoch gibt es Krankheitsbilder, bei denen Menschen sich weigern, Nahrung aufzunehmen, sie wieder erbrechen oder aber so viel essen, dass ihre Gesundheit gefährdet ist.

In diesem Buch werden zunächst die drei Essstörungen Adipositas, Bulimie und Anorexie dargestellt. Im Anschluss wird näher auf Therapiemöglichkeiten, disponierende Faktoren und Langzeitverläufe eingegangen.

Aus dem Inhalt: Bedingungsfaktoren von Adipositas, Genetische Faktoren bei Adipositas, Ernährungsmanagement, Interventionsmöglichkeiten bei Adipositas, Symptomatik und Verlauf, Ursachen und Entstehung einer Essstörung, Medikamentöse Therapie, Chirurgische Therapie, Langzeitverläufe.

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