



# The Ungarnished Truth: A Cooking Contest Memoir

*Ellie Mathews*

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# **The Ungarnished Truth: A Cooking Contest Memoir**

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**The Ungarnished Truth: A Cooking Contest Memoir** Ellie Mathews  
**A woman, a chicken dinner, a million dollars-and a romp through the heartland of America's competitive cooking culture.**

When Ellie Mathews entered her Salsa Couscous Chicken in the venerable Pillsbury Bake-Off, she never imagined she'd win the grand prize. Immediately after Alex Trebek announced that her dish had won a million dollars, she was thrown into the limelight. Booked with Oprah and Rosie—even photographed for the *New York Times* in a vest made of ostrich feathers—she instantly became the reigning queen of chickendom, the Pillsbury "It Girl" of the moment.

With a dash of self-deprecating humor and a pinch of biting social commentary, Ellie takes readers on her roller coaster ride to the top of the food chain as the Pillsbury prizewinner. As a cooking contest insider, she goes behind the counter and beyond the aprons and oven mitts to reveal a fascinating slice of Americana.

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