



Cardiovascular Physiology in Exercise and Sport

Christopher Bell

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This title is directed primarily towards health care professionals outside of the United States. Written by an eminent cardiovascular physiologist with a strong track record in dealing with issues related to exercise and environmental physiology, this text covers cardiovascular function from the exercise and human physiologist's viewpoint. It provides a solid foundation of knowledge of how the cardiovascular system responds and adapts to the challenges of exercise and environmental change, and analyses the practicalities of measuring cardiovascular parameters in normal human subjects.

- Case studies in exercise physiology throughout text.
- Open-ended questions at end of each chapter encourage students to explore common situations facing exercise and human physiologists.
- Bibliography at end of each chapter directs students to further reading resources.
- Summaries at start of each chapter and multiple choice questions with explanatory answers at end of book aid revision and help students test their knowledge.

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