



# **Fascia: The Tensional Network of the Human Body: The science and clinical applications in manual and movement therapy**

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# Fascia: The Tensional Network of the Human Body: The science and clinical applications in manual and movement therapy

## **Fascia: The Tensional Network of the Human Body: The science and clinical applications in manual and movement therapy**

This book is the product of an important collaboration between clinicians of the manual therapies and scientists in several disciplines that grew out of the three recent International Fascia Research Congresses (Boston, Amsterdam, and Vancouver). The book editors, Thomas Findley MD PhD, Robert Schleip PhD, Peter Huijing PhD and Leon Chaitow DO, were major organizers of these congresses and used their extensive experience to select chapters and contributors for this book.

This volume therefore brings together contributors from diverse backgrounds who share the desire to bridge the gap between theory and practice in our current knowledge of the fascia and goes beyond the 2007, 2009 and 2012 congresses to define the state-of-the-art, from both the clinical and scientific perspective.

Prepared by over 100 specialists and researchers from throughout the world, *Fascia: The Tensional Network of the Human Body* will be ideal for all professionals who have an interest in fascia and human movement - physiotherapists, osteopathic physicians, osteopaths, chiropractors, structural integration practitioners, manual therapists, massage therapists, acupuncturists, yoga or Pilates instructors, exercise scientists and personal trainers - as well as physicians involved with musculoskeletal medicine, pain management and rehabilitation, and basic scientists working in the field.

- Reflects the efforts of almost 100 scientists and clinicians from throughout the world
- Offers comprehensive coverage ranging from anatomy and physiology, clinical conditions and associated therapies, to recently developed research techniques
- Explores the role of fascia as a bodywide communication system
- Presents the latest information available on myofascial force transmission which helps establish a scientific basis for given clinical experiences
- Explores the importance of fascia as a sensory organ - for example, its important proprioceptive and nociceptive functions which have implications for the generation of low back pain
- Describes new imaging methods which confirm the connectivity of organs and tissues
- Designed to organize relevant information for professionals involved in the therapeutic manipulation of the body's connective tissue matrix (fascia) as well as for scientists involved in basic science research
- Reflects the increasing need for information about the properties of fascia, particularly for osteopaths, massage therapists, physiotherapists and other complementary health care professionals
- Offers new insights on the fascial related foundations of Traditional Chinese Medicine Meridians and the fascial effects of acupuncture

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Playing with family in a very park, coming to see the water world or hanging out with good friends is thing that usually you could have done when you have spare time, subsequently why you don't try point that really opposite from that. Just one activity that make you not sense tired but still relaxing, trilling like on roller coaster you already been ride on and with addition of information. Even you love Fascia: The Tensional Network of the Human Body: The science and clinical applications in manual and movement therapy, you could enjoy both. It is good combination right, you still need to miss it? What kind of hang-out type is it? Oh can happen its mind hangout guys. What? Still don't get it, oh come on its named reading friends.

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