



# **The Big Book of Fabulous Food: 152 Healthy, flavour-packed recipes to make you feel great**

*Jane Kennedy*

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**Jane Kennedy** long ago established that low carb and flavor need not be strangers. With some clever tweaking and testing, she transformed her best-loved dishes so that she could enjoy them without the inevitable regret later.

*The Big Book of Fabulous* food introduces Jane's newest creations alongside a best of collection of favourites from her three previous cookbooks.

If you like to eat well and feel great, this collection is for you.

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