



# The Best Thing That Never Happened

*Joey Lott*

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## **The Best Thing That Never Happened** Joey Lott

“Just a few years ago I spent my days lying on a moldy mattress praying for death or an end to suffering, whichever came first.” Joey Lott suffered for decades from extreme anxiety, obsessions, compulsions, eating disorders... and spiritual seeking. And then, nearing the brink of death he stumbled upon something miraculous: the freedom he had long sought was to be found in the very experiences he had tried so desperately to avoid. This is a profound book—but with a lightness of touch that makes it reader-friendly. Part memoir, part take-no-prisoners immediacy, *The Best Thing that Never Happened* offers a unique and refreshing message—that you cannot be other than yourself. With the repeated instructions to meet what is already present, including what you most want to avoid, the author points you to the radical discovery of true freedom which is available for each of us in this very moment.

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### **From reader reviews:**

#### **James Williamson:**

Spent a free time to be fun activity to do! A lot of people spent their leisure time with their family, or their friends. Usually they accomplishing activity like watching television, going to beach, or picnic in the park. They actually doing same thing every week. Do you feel it? Do you need to something different to fill your free time/ holiday? Could possibly be reading a book could be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of e-book that you should read. If you want to try out look for book, may be the publication untitled The Best Thing That Never Happened can be great book to read. May be it could be best activity to you.

#### **Horace Godbolt:**

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#### **James Lightle:**

That book can make you to feel relax. This book The Best Thing That Never Happened was colorful and of course has pictures around. As we know that book The Best Thing That Never Happened has many kinds or style. Start from kids until teenagers. For example Naruto or Private investigator Conan you can read and believe that you are the character on there. So , not at all of book are generally make you bored, any it offers you feel happy, fun and relax. Try to choose the best book for yourself and try to like reading that.

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